

Florence Gray Soltys  
 Adult Day Health Program  
 105 Meadowlands Drive  
 Hillsborough NC 27278 (919) 245-2017

# July 2018

## Daily Programs

7:30-9:30 Arrival/Current Events  
 10:15-11:30 Fitness Fun/Morning Activities  
 2:00-4:30 Games/Programs  
 4:30-5:30- One-on-one games, puzzles, crafts and music

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 1	Red, White, Blue Day 2 10:45 <u>Musical Stories w/ Art Fetting</u> 2:00 Star Spangled Crossword 3:30 Dog Trivia	3 10:45 Stars and Stripes Cookies 2:00 Jazz Music 3:30 Indoor Darts	4 <b>Center closed for July 4th Holiday</b>	5 10:45 First Ripe Tomato Guess 2:00 Bingo 3:30 Hoop Toss	6 10:45 Tales to Inspire 2:00 Relish Categories 3:30 Patriotic Scrabble Words	
8	9 10:45 Bingo 2:00 July Word Pictures 3:30 Ladder Ball	10 10:45 Sand Craft 2:00 Hula Hoop Toss 3:30 Quilting Maple View Farm Outing	11 <u>Blueberry Muffin Day</u> 10:45 Baking Club 2:00 Flip Flop Art 3:30 Finish that Ad	12 10:45 Shuffle Board 2:00 Community Service 3:30 Twister Bean Bags	13 Shark Awareness Day 10:45 July Word Games/Spoonerisms 2:00 Pin the Tooth on the Shark 3:30 Cards	14
 15	<u>Summer Camp Week</u> 16 10:45 Remembering Summer Camp 2:00 Group Crossword 3:30 Backwards Bingo	<u>National Peach Ice Cream Day</u> 17 10:45 Nature Craft 2:00 Campfire Songs 3:30 Follow Suit Card Game	18 <u>10:45 Piano/Georgene</u> 2:00 Bingo 3:30 Bean Bag Toss	19 10:45 Campfire Stories 2:00 Campfire Cooking 3:30 Sticky Ball	20 10:45 Fruity Friday 2:00 Name that Tune Crossword 3:30	21
22	<u>Hor Enough For Ya Day</u> 23 10:45 Science for Seniors 2:00 Penny Ante 3:30 Bulletin Board Craft	24 Tell an Old Joke Day 10:45 Bingo 2:00 Flower Arranging 3:30 Indoor Darts	25 10:30 Flash Mob Dance Group 2:00 <u>"Love on a Leash" Buddy the Dog</u> 3:30 Hangman	26 <u>Hillsborough Garden Club</u> 2:00 Watermelon Feast and Seed Spitting Contest 3:30 Categories from a Hat	27 <u>Mark Twain Day</u> 10:45 Tropical Pops 2:00 Tom Sawyer Categories 3:30 Ring the Cone	 28
29	30 <b>Center Closes at 1:00pm Staff Development</b>	31 10:45 White Elephant Sale 2:00 Bingo 3:30 Hopscotch	<b>Special Programs</b> Janet's Clubhouse M,TH 12:30-1:30 Soltys Strider's Walking Club M-F, 1:30 Field Trip to Maple View Farm, Tuesday July 10th, 12:30-2pm			